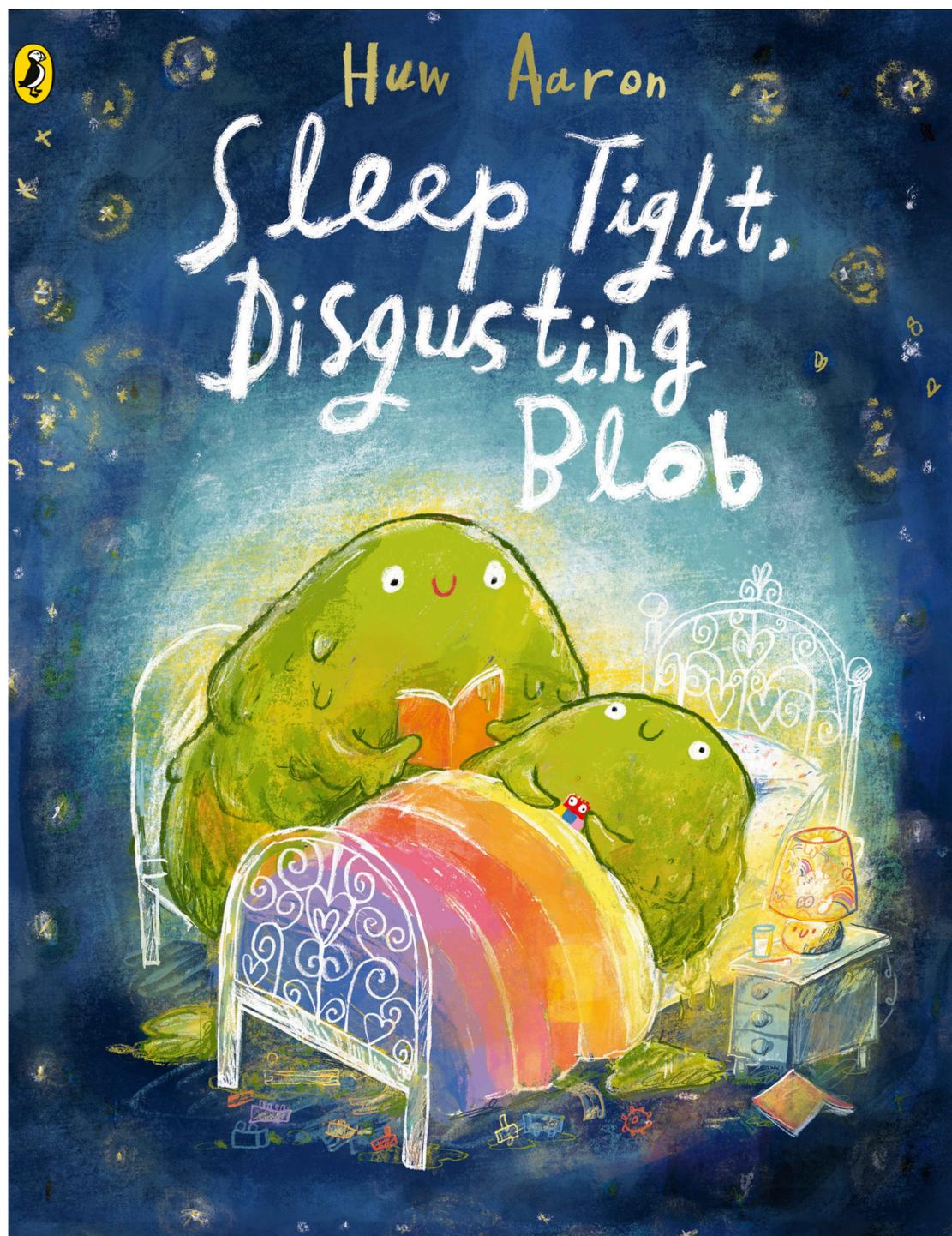


The Carnegies



The Carnegie Longlist 2026 Shadowing Resources

Sleep Tight Disgusting Blob

Carnegie Medal for Illustration

Illustrator: Huw Aaron

Age range: 3+

Description:

This monstrously memorable take on a bedtime story features a host of endearing creatures and manages to be cute whilst also subverting assumptions around who gets a bedtime story. There's a strong relationship between the text and the illustrations with high-energy, wobbly line work. The creatures have a textural quality which helps bring them to life from the page and there are fun details relating to each monster species giving lots to discover.

Themes:

- Bedtime
- Monsters
- Stories
- Humour

Shadowing Ideas:

1. Watch this video of Huw Aaron drawing some of the monsters from his book: <https://youtu.be/IURBV1hj940> . Design your own monster and get them ready for bed – will they be wearing pyjamas, have they got a favourite toy that they take to bed? What does their duvet look like? Do they have a drink before they go to sleep and have they remembered to brush their teeth? What does their bedroom look like?
2. Using plasticine, clay or other materials, make a bed for your monster. Think about shape and size. Will your monster need pillows, or blankets? What about a four poster with curtains?
3. This book is all about bedtime routines, but imagine what your monster would do once they are rested. What kind of breakfast would they eat? How would they get ready for work or school? Do they have siblings that also need help to get ready? Make a short comic strip to show what happens in your monster's home when bedtime is over.